

## Pain Fatigue Support

A wealth of Information, A wealth of Support

T: 0300 330 0640 | M: 07821 436 759

Mon 1900 – 2100 | Wed 1400 – 1600 | Sat 1000 – 1200

@: [painfatiguesupport@hotmail.co.uk](mailto:painfatiguesupport@hotmail.co.uk)

www: [painfatiguesupport.giving.officelive.com](http://painfatiguesupport.giving.officelive.com)



Migraines

Chronic  
Fatigue

Cognitive  
Disturbances

IBS

Neurological  
Pain

Sleepless  
Nights

Restless  
Leg  
Syndrome

*Musculoskeletal Pain*

Stress  
Anxiety  
Depression



Venue: Erdington Methodist Church | Station Road | Erdington | B23 6TX  
1<sup>st</sup> Thursday Every Month 1200-1400

## Disclaimer

The group do not recommend products or services